



What to Expect

Easy Read Show Guide

For audiences

Fragments of Us

By Talawa, Fubunation and Sonia Hughes



5 young black men parade gracefully. They are watched by an audience in a town centre



How long is the show ?

35- 40 minutes



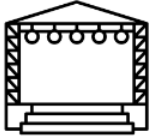
What is style is the show ?

Dance, theatre, spoken word



What is the show about ?

Themes of identity and experiences of black men and boys



Staging and set

The show takes place with the audience on 3 sides.

There is a large metal structure in the centre. This looks like a climbing frame.

There are 4 silver barriers and 5 smaller green barriers that are used in the performance. They begin in the centre and are moved out to the edges of the performance space.

Performers use the whole space and climb on the structure.



Movement

At times, the performers dance all together in rhythmic and repeated movements.

At other times they move quickly around the space, skipping, leaping and spinning.

There are moments of graceful dancing.

There are moments where they lift each other up in the air.

Sometimes performers come right up to the audience.



Visual

The set is on different levels and made from metal.

There are different textures in the set like metal caging, plastic and reflective mirrors.

The performers put on different costumes in the performance. These are made from lots of different fabrics. There are masks, wings, jackets and trousers. These costume pieces look like they're from a fantasy world.



Speech and Text

The show contains lots of speech and text.

There are moments where the whole cast are talking at the same time.

There are moments where they speak into a microphone.

There are moments where the cast speak to members of the audience.

The show is made so different people hear different parts of the show. Not everyone will hear every piece of spoken word.



Music and Sound

There is music that is bassy and has a lot of drums.

There is music that is classical.

The music that plays is loud.

Speakers are placed at the back of the stage

All music is instrumental, there are no lyrics.



Content warnings

Recommended age guidance is 12+

The show discusses mental health

Performers may talk to audience members. You can choose if you want to respond.



Sensory warnings

Music is sometimes loud and bassy

No special effects or lighting is used in the show



About the company



Seyi Falas

Seyi is a Essex / London-based actor trained at the Almeida Theatre young company, National Youth Theatre and Identity School of Acting. His credits include 'Rush' at the Almeida Theatre, Antony in 'Cleopatra's Antony' at Theatre Peckham, and playing Ego in 'Ego's Killing the Mandem' the National (Studio)



Eliezer Gore

Eliezer Gore is a Zimbabwean-born artist who was raised in Lewisham. He is Poet, Theatre maker and Facilitator. His work makes use of surrealism to transform concrete reality and deliver joyous narratives. He is currently a Roundhouse Resident artist developing an extract of his play “Last Orders” for the Roundhouse Three Sixty Festival.



Mateus Daniel

Movement Director credits: Passion Fruit (New Diorama); Human Nurture (Theatre Centre/Tour); Chicken Burger and Chips (Brixton House); The Boys Are Kissing (Theatre 503); Vardy v Rooney The Wagatha Christie Trial (Ambassador Theatre); Our Eyes Look to God (Festival d'Aix-en Provence); What I Hear I Keep (Talawa Theatre); As We Face The Sun (Bush Theatre); TERRA XYZ (Wonderland magazine); TRIBE (Young Vic);

Stranger Things: The First Shadow (Phoenix Theatre), No More Mr Nice Guy (Broadway theatre/Bristol Old Vic); Communion, Sweetmeats (Bush Theatre); Vitamin D (Soho Theatre); Purgatory (Donmar warehouse); B*tch Boxer (Watford Palace Theatre, Arcola Theatre); a practical guide on how to save the world... (Tara Theatre); spectacle of the surreal (V&A Museum); How To Win Against History (Bristol Old Vic); Safe Space (Chichester Festival Theatre); Sweetmeats, Heart Wall (Bush Theatre)

Film credits:

BLITZ (Apple TV)



Jerome Scott

Jerome is a multidisciplinary artist who explores storytelling through writing, movement, and poetry. His work is rooted in a poetic lens, with a strong focus on identity, intimacy, and masculinity.

In 2025, Jerome was part of the Barbican Young Poets programme and the Southbank Poetry Collective, developing his voice as a writer and performer while deepening his engagement with spoken word and performance poetry.



Isaac Ouro-Gnao

Isaac Ouro-Gnao is a Togolese-British multidisciplinary artist, somatic trauma therapist, mental health scholar-activist, and freelance journalist. His work is rooted in magical realism, Africanfuturism, and African indigenous spirituality with a focus on themes of childhood, grief, trauma, memory, and mental health.

He has trained in hip hop, contemporary, and Africana dance styles since 2008, leading him to work with renowned choreographers and companies including Alessandra Seutin and Punchdrunk.

He completed an MSc in Creative Arts and Mental Health in 2022 at Queen Mary University of London, the somatic trauma therapy training at the International School of Holistic Healing in 2025, and continues research on how dance, art, and psychology intersect to aid the healing of trauma.

Dance credits: *Father Figurine*, 2018 (Body Politic); *Family Honour*, 2019 (Spoken Movement); *Boy Breaking Glass*, 2021 (Alessandra Seutin/Vocab Dance); *It Begins In Darkness*, 2023 (Seke Chimutengwende); *The Burnt City*, 2023 (Punchdrunk); *THE HERDS*, 2025 (The Walk Productions, Sadler's Wells East).

